

# Damage Control

By Courtney Kretchman

*Much like after the winter holidays, toward the end of summer it becomes evident that we may have overdone it during the past few months. Too much sun, too little sunblock, too many barbecues... whatever the case may be, we had fun, but now as we roll into fall, it's time for some TLC for our skin.*

*Here are 25 of our favorite products for damage control this season. Remember, these aren't necessarily the sexiest products—the goal is efficacy.*

BEAUTY

## Face It

1. If you really want to attack sun damage noninvasively, Kinerase PhotoFacials Sun Damage Reversal System will be your new best friend. Actually you'll have three: the Daily Exfoliating Cleanser, Daily Moisturizer with SPF 50 and concentrated Night Moisturizer. Use it religiously and count on a visibly more luminous, even-toned complexion—with a big reduction in hyperpigmentation. (nordstrom.com)

2. REJUVE MD Face Treatment can help reverse summertime damage. Using growth factors that activate the cells responsible for affecting elastin and collagen, you'll feel skin tightening immediately. (rejuvemd.com)

3. Comfort Zone's Hydrmemory Extra Cream 24h delivers deep moisture, leaving your complexion fresh and youthful. A perfect anti-inflammatory that'll revitalize irritated skin and keep it hydrated 'round the clock. (comfortzone.com)

4. If you simply want a weekly refresher, pick up the Exuviance Rejuvenating Treatment Masque. Application is easy, it's fun to peel off and you'll look like you just emerged from a facial. (dermstore.com)

5. Any makeup artist can tell you that a primer is necessary for a flawless-looking face. The emerginC red carpet primer contains advanced hydrating and plumping microspheres to help fill in fine lines and conceal pores. After application, let it set for one minute. Then voila—a smooth canvas. (emerginc.com)

6. Miracle Skin Transformer SPF20 is a daily skin transformer that packs a one-two punch of UVA/UVB protection and tinted moisturizer. Available in seven sheer shades, it minimizes the size of pores and signs of pigmentation. (miracleskintransformer.com)

7. TEMPTU AIRbrush makeup lets you control your coverage. Spray as little or as much as you desire; it will always feel weightless. Dare to try this technology—it could be the last foundation you ever buy. (sephora.com)

## Eye Believe

8. Bye Bye Under Eye by It Cosmetics is a full-coverage, waterproof concealer formulated with collagen and vitamins. Available in four shades, it will erase all signs of what you did the night before. (itcosmetics.com)

9. Dr. Brandt's r3p eye from the Flaws No More collection is the answer for overworked, stressed eyes. Formulated with multiple anti-aging peptides, it diminishes the appearance of deep lines, puffiness and dark circles. (drbrandt skincare.com)

10. Murad's Hydro-Dynamic Ultimate Moisture for eyes provides immediate hydration and relief for dry or sensitive eyes. Your peepers will drink it in. (murad.com)

11. Bline mascara is the answer to mini eyelashes. Let lashes stand out to your liking by applying layers of this water-resistant "tube" technology. (blincinc.com)



## Kiss This

12. To keep your pucker looking youthful all day long, use the Ultimate Volume Lip Conditioner with SPF 20 by Kinerase. Worn alone or under lip color, this anti-aging balm is amazing for reviving volume in disappearing lips. (nordstrom.com)

13. La Prairie's Cellular Lip Renewal Concentrate is formulated with a triple repair complex that works magic on dry, thinning lips that lack youthful color and vitality. "Hyaluronic acid filling spheres" rehydrate and plump, while salicylic acid gently exfoliates and soothes. Niacin helps to boost blood flow and enhance natural color. Apply in the p.m., pucker up in the a.m. (shoplaprairie.com)

## Full Body Workout

14. Keep a jar of L'Occitane's Almond Delicious Paste in the shower to massage away lackluster skin. The mild scrub—whipped with crushed almonds, sugar crystals and almond butter—smells heavenly. Almond proteins help to smooth out skin, leaving contours looking more toned. (usa.loccitane.com)

15. For uber-exfoliation, opt for the L'Occitane Shea Butter Ultra Rich Body Scrub. Made with 10 percent shea butter, this cream-based scrub will help wash away dead skin cells and keep skin hydrated. Pat dry after the shower for optimal rejuvenation. (usa.loccitane.com)

16. To repair delicate skin on the neck and check, Nécolleté by Osmotics is highly effective. It helps to tighten and smooth these fragile areas. Use it every day, plus sunscreen when your décolleté is exposed, and you'll see a difference within a month. (osmotics.com)

17. To further fight décolleté creases, try sleeping with the Breast Pillow by Intimia. As forewarned, not sexy, but effective and oddly comforting nonetheless. (intimia.com)

18. DNA Scar Therapy attacks the size of scars through a potent serum made from silicone, sunflower seed oil, beta clucan and reparative enzymes. (dnaefrenewal.com)

19. Although it's genetic, cellulite is a problem for which the beauty world continues to seek solutions. The Body Strategist + Remodeller by Comfort Zone is a cream that promises to help reduce fatty deposits. No promises of total riddance, but there's definitely something to the thermogenic action here. (comfortzone.com)

20. Whether you're post-pregnancy or post-Margaritaville, add some Mama Mio Get Waisted Body Shaper to your daily abs workout. This slimming cream helps break down fat cells, leaving you with an overall tighter midsection and silhouette. (mamamio.com)

21. Tighten up arms with the revolutionary Arm Sculpt by Rodial. The gel contains multiple fruit acids, caffeine and coenzymes to help firm flabby skin and reduce signs of hyperkeratosis (aka little arm bumps). (nordstrom.com)

## Hand It Over

22. Hands are a telltale sign of age. Slather on the SPF during the day and apply Lumiquin from Revision Skincare at night. This evening treatment is a rich blend of five moisturizers that seal in hydration and combat age spots. (see intellishadespf45.com for local retailers)

23. Critical Care by Jessica is the ultimate strengthener for soft, weak nails. Wear it alone or under polish and nails will get healthier every day. (jessicacosmetics.com)

## Kick It

24. Wearing flip-flops can wreak havoc on heels. Combat signs of summer soles with the Microplane Foot File – Paddle Style. This baby is amazing for scraping and buffing away rough, dead skin. Side note: Maybe save this for when you've got some "alone time." And keep a trash can close by. (us.microplane.com)

25. Once your soles are baby smooth, apply The Balm for hands and feet by Glowology before bedtime and throw on some socks. Then awaken ready to play footsie. (glowologyskincare.com)

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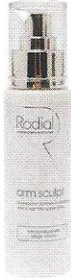
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